

Workshops with Dr. James Mally

Massage Cupping - Mon., April 12, 2021

Shoulder Pain - Tues., April 13, 2021

Low Back Pain - Wed., April 14, 2021

All workshops are 9 am - 6 pm (8 hours)

Please bring sheets; oil, lotion or gel;
and shorts and a sports top for women.
Also bring hand sanitizer and a
pillowcase.

Please let me know if you will bring a
massage table.

Franklin Junior High School
4801 Franklin Ave., Room 148
Des Moines, IA 50310

Please feel free to call or email if you
have any questions.

jmally@abundanthealth.com
916-847-9304

If you are bringing a massage
table please park near the
southwest entrance of the school.

Southwest Entrance

